***TRAININGSCHEMA seizoen 2023 - 2024***

|  |  |  |
| --- | --- | --- |
|  | **Kunstgras** |  |
| **Maandag** |  |  |
| 18.00 – 19.00 uur | O8-1  O9-1 + O9-2  O10, O11 +O12 | O8 Dennie  O9-1 Jeroen- Rob H.-Ronald-  O9-2 Roel  O10-1 Toine – Rob- Eva  O11 Dave - Jef  O12 Kelvin-Freek - Davey |
| 19.15 – 20.30 uur | O14 + O16 + O17 | O14 Angelo - Roman  O16 Marc - Jethro  O17 Patrick -Mike -Piet |
| 20.00– 21.15 uur | O19 | O19 Rick |
| **Dinsdag** |  |  |
| 18.30 – 19.30 uur  19.00 – 20.00 uur | MO13  3 / veteranen | MO13 Patrick -Lieke -Kelly-  Sandra – Bjorn  3/Vet: Piet |
| 20.00 – 21.45 uur | 1+2 | 1: Maurice  2: John |
| **Woensdag** |  |  |
| 18.00 – 19.00 uur | O8-1  O9-1+ O9-2  O10, O11 +O12 | O8 Dennie  O9-1 Jeroen- Rob H.-Ronald-  O9-2 Roel  O10-1 Toine – Rob- Eva  O11 Dave - Jef  O12 Kelvin-Freek – Davey |
| 19.15 – 20.30 uur | O14 + O16 +O17 | O14 Angelo - Roman  O16 Marc- Jethro  O17 Piet – Patrick- Mike H. |
| **Donderdag** |  |  |
| 18.30 – 19.30 uur  19.30 – 21.00 uur | MO13  O19 | MO13 Patrick-Lieke-Kelly-  Sandra – Bjorn  JO19 Rick |
| **Vrijdag** |  |  |
| 19.30 – 21.15 uur | 1+2+Dames | 1: Maurice  2: John  Dames: |